



Rewi Alley Academy Newsletter

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My favourite celebration changes with the time. Now, if I think about it, I can't decide between the wedding or New Year's.

These celebrations for me are very important. The two celebrations are similar, both are big parties with excellent food and good drinks (sour pisco, wine and whiskey). Furthermore, they are the end of a period and the best, it happens very very well.

Recently now I'm outside of my country, I prefer Christmas to be with my mother, father and brother. We sit at the table and talk and eat, waiting for 12:00 midnight.

My mother and I cook the special dinner. The first plate is seafood with white wine or water. The second plate is beet leaves around bacon in the skillet and special salad.

Oooo, I'm hungry.

By **Alvano**

MY FAVOURITE FESTIVAL

I like New Year. New Year is an important Chinese celebration. At New Year everyone puts on new clothes and the elders give red packets. The young children have fireworks in the night. We eat delicious food and drink beer. Everyone likes New Year, because New Year is in the winter, sometimes we can play in the snow and make a snowman. We are very happy.

Do you like Chinese celebrations? If you do, you can come to China. The Chinese people welcome everyone.

By **Rita**



In my childhood, I yearned for any festival, because some people and family eat together. My favourite holiday is Chinese New Year.

In China, New Year is most important. All people reunite together. My grandmother is the oldest in my big family. Everyone respects her, and me too. Every year I need to bow with my brother to my grandmother, which is Chinese tradition. After we bow, she will give me a lot of money. This money is "Ya Sui Qian". It means "hold onto the year's money". I think!

By **Edison**



End of Year Party



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**Rewi Alley
 Academy**

We often eat spring rolls at Chinese New Year. Spring rolls are deep-fried spring roll wrappers with a variety of different fillings. For example, traditional fillings have meat and vegetables like chopped pork with cabbage and carrot or sweet beans. If you want it to be good for your health, you can try to stuff it with all kinds of vegetables, such as Vietnamese spring rolls. Just cooking is a little different.



By Summer

Eating habits are very important to us. For example, breakfast is very important for the day. If you don't have enough breakfast, it can affect your blood sugar and kidneys. In my country, people eat too much breakfast, like milk, eggs, porridge and noodles. At lunch, they eat just enough food, like rice and noodles. They don't eat many nuts, but they like to use peanut oil in fried food. I think it will make the food smell good. They don't eat a lot of fried food, such as hamburgers and potatoes.

Key Dates

- Summer: 9 January-3 February
- Term 1 : 7 February-13 April
- Term 2 : 1 May-7 July
- Term 3 : 24 July-29 September
- Term 4 : 16 October-22 December

By Emily

Healthy foods that people eat in your country



If you want more muscles, you need to eat a lot of protein food, such as eggs, milk and fish. Don't eat junk food, for example, chips.

By Milo



In my hometown, people always eat noodles and lamb. It's very delicious and healthy. People like eating lamb gruel and use thousand island sauce.

By Max



My hometown's food is beef noodles, burgers, meat with pancakes and ice-cream. The beef noodles are very delicious. At lunch time, you have a bowl of beef noodles and drink a bit of hot soup. You can be a very hungry person to eat these beef noodles. They are from Lanzhou. If you visit Lanzhou, don't forget to eat them!

By Jeff

